

Dear Brothers and Sisters,

I want to take this opportunity to highlight the momentum we're building together. Your hard work, pride in the trade, and commitment to one another are what make Local 379 strong. Whether you're leading crews, mentoring apprentices, or showing up to support union events, your efforts are seen - and they matter. It's an honor to represent a membership that consistently shows up with skill, heart, and solidarity.

Our organizing efforts continue to gain traction, with job calls on the rise and new contractors like Gleason, Gross, and Copeland Electric joining our ranks. We've also met with several non-union contractors and are optimistic about signing Letters of Assent in the near future. These wins mean more opportunities for our members and a stronger presence throughout the Carolinas. Our advertising and marketing campaigns are amplifying our message, showcasing the value of union labor to contractors and the public alike.

Inside the hall, we're working hard to create a more professional and welcoming space.

Cleanup efforts are underway, and we're investing in upgrades that reflect the pride we have in our local. You'll also notice new merchandise rolling out soon - wear it with pride and help spread the word.

And let's not forget the major milestone ahead - Local 379's 100th Anniversary Celebration. Planning is in full swing, and it's shaping up to be a powerful tribute to our legacy and future.

As always, I encourage you to stay engaged. Attend trainings, show up for meetings, and reach out with ideas. This is your union, and your voice matters.

Thank you for your hard work, your solidarity, and your commitment to excellence. I'm proud to serve as your Business Manager, and I look forward to what we'll accomplish together.

In unity,

Darren Helms Business Manager IBEW Local 379

LOCAL UNION 379 OFFICERS

Business Manager/ Financial Secretary

Darren Helms

President - Kevin Primus

Vice-President - Dwayne Thompson

Recording Secretary – Scott Thrower

Treasurer - Joseph Smith

Executive Board – Kelly Butler, Chairman

Executive Board - Stacey Ballard

Executive Board - Deoma Buford

Executive Board – Anthony Crawford

Executive Board – Doug McDaniel

Executive Board - Madison Ruff

Executive Board – Patrick Currence

Examining Board – Gary Alexander

Examining Board - Michael Schnell

Examining Board – Diego Garcia

Examining Board – Jimmy Ballarano

IBEW LU 379 Prayer List Keep these Brothers and Sisters in your prayers!



Kyle Pennington (Toni's Son)

Jeff Goodwin Gene Pennington Barry Matthews Keith Meza Robbie Williams

Terry Skidmore Jim Schlegel Jennifer Ruff Donnie Keller Chuck Blanken



- ADVANCED
- Brandon Ropp
- Tion Williams
- David Gates
- John Williams
- Adam Johnson
- Clayton Long
- Stephen Izzi

Recently
passed
Brothers and
Sisters. Death
Benefits
should be
paid through
#343

Safety Committee Second Anniversary

This October marks the second anniversary of the safety committee. We would like to remind everyone of what we stand for and what we hope to accomplish. We also want to hear any ideas or suggestions from you regarding what you would like to see from the committee.

The values that we seek to embody and instill can be relayed by the acronym **SAFE**.

S.A.F.E.

- SERVE
- ADVOCATE
- FORGE RELATIONSHIPS
- EDUCATE

SERVE

• Seek to serve the members of this local in the pursuit of protecting everyone from harm while continually improving our working conditions.

ADVOCATE

- Be a voice of reason and always speak up on behalf of others. Don't let your silence be the reason someone gets hurt.
- Stand up and fight for the conditions we deserve and those our predecessors died for.

FORGE RELATIONSHIPS

- Across the board, every line of work is facing a mental health crisis. Reach out to your coworkers, get to know them, and be the person that makes a difference.
- Familiarize yourself with helpful resources and share them.

EDUCATE

- Share the knowledge and experience you have with others, be a mentor.
- Encourage people to take advantage of the classes available through the hall.
- Teach people about the history of the labor movement, and all the struggles the working class overcame through the power of collective action and solidarity to get the protections we have today.

The Safety Committee exists to serve and protect the members of this local. If you have any suggestions, questions, concerns, or you would like to get involved, please reach out. You can contact me at sjosephryan@gmail.com.

Stay safe out there.

In solidarity,

Joseph Smith



Save the date August 8 2026 to celebrate the 100th Anniversary of IBEW LU 379





More Information Coming Soon Updates at this website <u>bit.ly/3L4C92y</u>



Saludos del Departamento de Operador del Local 379

Recientemente recibimos un correo electrónico de uno de nuestros contratistas informándonos que, en todos sus próximos proyectos, los contratistas generales ahora exigen una tarjeta OSHA para trabajar en sus obras de construcción, con un mínimo de OSHA 10 (con una antigüedad máxima de 5 años) para todos los empleados y subcontratistas, y un OSHA 30 (con una antigüedad máxima de 5 años) para CUALQUIER persona en un puesto de liderazgo que supervise el trabajo: capataces y jefes de obra, y subcontratistas (General Foreman Y Foreman).No se puede ser capataz ni jefe de obra en esa obra a menos que se tenga la certificación OSHA 30.

Estos contratistas generales son: Holder Construction; Turner Construction; Whiting-Turner; Brasfield & Gorrie, y otros.

Nuestro programa de aprendizaje ofrecerá clases de OSHA 10 los días 8 y 15 de noviembre (es necesario asistir a ambas clases para obtener la certificación OSHA 10).

Llame al programa de aprendizaje de CETI al 704-523-7001 para inscribirse en la lista de clases de OSHA.

También puede tomar clases de OSHA en línea:

https://www.oshaeducationcenter.com https://www.careersafeonline.com/

Asegúrese de que el curso de OSHA en línea que tome sea "OSHA para la Construcción", NO OSHA para la "Industria General".

Viviana Chairez-8851219

November 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	NC State License CE Credits Class 8:30 AM Via ZOOM w/ Dave Varga	5	NC State License CE Credits Class 8:30 AM Via ZOOM w/ Dave Varga	7	VETERANS PARADE 11AM
9	10 Union Meeting 6:00 PM @ The Hall	Veterans Only Class W/Dave Varga \$75	12	Working Union 5:30 PM @The Hall RENEW 5:00 pm @The Hall NC State License CE Credits Class 8:30 AM Via ZOOM w/ Dave Varga		15
16	Safety Committee 5:00 PM @ Kostas FDS 6:00 PM @ CETI	New Officer Class 8:30 AM @ The Hall PAL Class 2:30 PM @The Hall NC State License CE Credits Class 8:30 AM Via ZOOM w/ Dave Varga	Steward Class 8:30 AM @ The Hall	20 CLC 7:00 PM @ The Hall NC State License CE Credits Class 8:30 AM Via ZOOM w/ Dave Varga	FDS 8:00 AM @ The Hall	FDS 8:00 AM @ The Hall
23	Executive Board 5:00 PM	25	26	THANKSGIVING	28	29
30		*** ***	***	300		







Fall Greetings from Local 379 Dispatch

We recently received an email from one of OUR 379 Contractors informing us that on all of their upcoming projects, the General Contractors "GC" are now requiring an OSHA card to work on their construction sites... with an OSHA 10 minimum (within 5 years) for all employees & sub-contractors, and an OSHA 30 (within 5 years) for ANYONE in a leadership role, overseeing work; **Foreman & General Foreman (GF), and sub-contractor**.... You can't be a Foreman or GF, on that job site, unless you have your OSHA 30.

These General Contractors are: Holder Construction; Turner Construction; Whiting-Turner; Brasfield & Gorrie, and others.

Our Apprenticeship will be offering OSHA 10 classes on November 8th & 15th (must go to both classes to get your OSHA 10)

Call CETI Apprenticeship @ 704-523-7001 to get on the OSHA class list.

You can also take OSHA classes on-line:

https://www.oshaeducationcenter.com/ https://www.careersafeonline.com/

Make sure the on-line OSHA course you take is "OSHA for Construction", NOT OSHA for "General Industry"

Rich Burke card# A124666

Carolinas Electrical Training Institute Update

Are you ready to move up? Do you have the required hours? Sign up now for CW and CE classes to stay on track with your advancement!

Continuing Education

CETI will be holding continuing education classes for the membership. All the safety classes (First Aid/CPR, NFPA-70E, and OSHA 10 & 30) classes will be held for the apprentices, and once all the apprentices have been through the class, it will be opened up to everyone. If you are interested, please reach out at (704) 523-7001 to register.

If you are interested in signing up for any of our classes, please call Christy at 704-523-7001. You can also email adminasst@carolinaseti.com.

NC State License Continuing Education Classes and Exam Prep

All ZOOM Classes Start at 8:30AM EST 4-Hour Zoom Class \$110 / 5-Hour Zoom Class \$159 (1) 4-Hour Zoom Class & (1) 4 Hour Course \$179

NEW DATE - Friday January 2nd, 2026 - In person class in St. Thomas USVI \$199 for credits in NC, FL, GA, MD. Contact Dave for further details.

In Person Class - St. Thomas, US Virgin Islands

Friday January 2nd, 2026, at 8:30am - 12:30pm 4- or 5- hours of In-Person credit & one 4- or 5-hour course. \$199 minus \$100 deposit \$99 due before class. You can receive 8 hours for NC, 8 hours for OH, 10 hours for MD, and 4 hours for FL. More details to come soon. Interested? Please email Dave.

- Code Book Navigation 1
- Raceway & Box Fill
- **Conductor Sizing**
- **Overcurrent Protection**
- Code Book Navigation 2
- Motor, AC, & Transformer
- **Calculations**
- **Dwelling Unit Calculations**
- **Commercial Calculations**
- **Advanced Calculations**
- How to Take the Electrical Exam

Highly Recommended - The ECP Super Code Book - Over 43,000 highlights based on state electrical exam questions and answers! This is the key to passing the state electrical exam. \$495 Limited quantity and possible ten+ day lead time.

All Zoom Classes count as In Person/Classroom hours in NC, FL, OH, MD. All continuing education hours can be completed with Zoom classes.

Space is limited. Contact Dave to reserve a spot.

Electrical Continuing Education Zoom Classes Approved CE for NC, MD, OH, GA & FL License Holders Contact Dave Varga directly for the IBEW special discount.

704-919-7841

Dave@ECP480.com www.ECP480.com

Evening Exam Preparation Zoom Classes **Every Wednesday Evening** 7pm - 9pm Classes Begin January 21, 2026

UPCOMING CLASSES:

- Working Union November 13th
- FDS Module 8 November 17th
- Officer Training/PAL November 18th Steward Class November 19th
- FDS Modules 7-9 November 21st
- FDS Modules 10-12 November 22nd



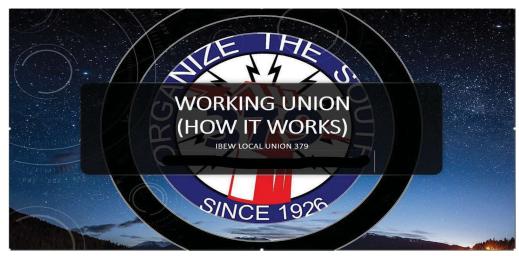
Foreman Development Series

These classes are open to everyone regardless of classification. This will be a chance to catch up any classes that you may have missed.

You need to complete the FDS classes, as well as NFPA70E, and OSHA 30 within the last three years, and First Aid/CPR within the last year, in order to apply for the \$750 class reimbursement

Check the newsletter calendar and/or the 379 website for dates. If you are interested in any of these classes. please contact Christy at 704-523-7001 for classes at Apprenticeship, or Carol 704-455-4595 Ext 201 for classes at the Hall.

'Working Union - How It Works'



'Working Union - How It Works' is a class offered to ALL members. The class outlines everything you need to know as a member of IBEW 379. From insurance benefits, pension, retirement, and officer information, to zones, dings, and how to sign the books. Anyone who has questions about any aspect of being a member of the Union should attend this class. Class is scheduled for the 2nd Thursday of the month at 5:30 from now through December. Please call Carol at 704-455-4595 Ext 201 to register or just show up!

WELCOME NEW MEMBERS!

CHANNING MICHAEL ANTHONY NOAH DREW RYAN AARON JEREMIAH	ALRED BRAYALL BUCK BULLARD CARTER CASON CONLEY DAVIS	ETHAN KENNETH MALACHI BARRY CHAYTON CHRISTOPHER AUSTIN DYLAN	KIRKENDALL KUOPUS MCCULLOCH NELSON OXENDINE PAPALEO PHILLIPS PORTER
ROGER	DEAVER	JOSHUA	RICHARDSON
CADE	DEDOES	DOLA	RLAYANG
ELIJAH	EVANS	BRANDON	ROBERTS
JUSTIN	GREESON	DIEGO	SERRANO
IVAN	GUZMAN	NICK	SIMPSON
JESSE	HALYBURTON	BRANDON	SMILING
SHAUN	HARDWICK	CHRISTOPHER	SMITH
D'ANDRE	HARRIS	MASON	STRICKLAND
GABRIEL	HERNANDEZ	TYLER	WALSH
WESLEY	HOYLE	TRENTON	WILSON
LUCHINO	JONES		

TOYS FOR TOTS



U.S. MARINE CORPS

For more information go to www.toysfortots.org

www.facebook.com/toysfortots www.twitter.com/ToysForTots_USA



How it works...

Local toy collection campaigns begin in October and last until mid to late December. Toy distribution also takes place mid to late December. Members of the community drop new, unwrapped toys in collection boxes positioned in local businesses. Coordinators pick up these toys and store them in central warehouses where the toys are sorted by age and gender. At Christmas, Coordinators, with the assistance of local social welfare agencies, church groups, and other local community agencies, distribute the toys to the economically disadvantaged children of the community. Over the years, Marines and Volunteer Coordinators have established close working relationships with social welfare agencies, churches and other local community agencies which are well qualified to identify the children in need in the community and play important roles in the distribution of the toys.

Collection boxes are located at the Hall, at the Hickory office and the Williamston office and CETI. We will also have a collection box at the Christmas Party. Collection boxes will be picked up after the Union meeting on December 6th

Toys for Tots accepts *new, unwrapped toys* and books and does not accept used or broken toys, realistic weapons, or items with food or candy. Donated gifts should be appropriate for a child's age, ideally in the \$10 or above price range, but any new, unwrapped toy is appreciated. Gifts with food, like candy-filled advent calendars, are also not accepted.



It is getting close to that time of year! **The LU 379 Christmas Party** will be December 6, 2025 at 6PM Please RSVP before November 28th by clicking the link, scanning the code, or calling Carol at 704-455-4595 Ext 201 Christmas Party RSVP



"You never know how strong you are until being strong is your only choice" -Bob Marley

For those who did not know, National Employee Benefits Administrator, Inc. (NEBA) took over the Vacation Fund and Carolinas Electrical Retirement Plan from COMPUSYS. With this change you are now able to set up an account to access several features including:

- Communication Portal
- Plan Documents & Forms
- Work History
- Retirement Plan Transaction History
- Vacation Fund Transaction History
- Digital Retirement Plan Statements

You can contact Members Services toll free at 844-448-0955 M-F 8am-5pm Email: cew@nebainc.com

Members may visit <u>www.nebainc.com</u> and click on "<u>Member Login</u>" to register, or simply scan the QR code below





International Brotherhood of Electrical Workers
Local Union 379
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